

beat brasserie

Pick Me Ups

- MIMOSA 12**
DOMAINE CHANDON BRUT, OJ
- HONEY CRISP 13.5**
DOMAINE CHANDON BRUT, APPLE BRANDY,
APPLE CIDER, BURLESQUE BITTERS
- BLOODY MARY 11.5**

WEEKEND BRUNCH

EARTHLY DELIGHT BOWLS

Natural Grain & Salad Bowls with your choice of topping:

BOWL AZTECA

Adobo-Spiced Quinoa, Tomatillo Salsa, Corn,
Squash, Green Beans, Avocado, Baby Spinach
13.50

- POACHED EGGS +2
ARTICHOKE FALAFELS +2
ROASTED FREE RANGE CHICKEN +4
SEARED ALL NATURAL SHRIMP +5
SEARED SALMON* +5
GRILLED SKIRT STEAK* +9

NATURAL BOWL

Multigrain Farro Pilaf, Beets, Cara Cara Oranges,
Kale, Radish, Parmesan, Citrus Vinaigrette
13.50

BIG SALAD BOWL

Artichokes, Olives, Mushrooms, Tomato,
Pecorino, Balsamic Vinaigrette
12.5

Appetizers

- SOPHIA'S GREEK YOGURT 8.5**
Honey, Fresh Berries, Almonds, Granola
- PUMPKIN COFFEE CAKE 7.5**
Honey Butter
- CURRIED CARROT SOUP 11**
Shrimp Salsa
- HUMMUS PLATE 11.5**
With Grilled Sweet & Sour Eggplant
ADD HARISSA MARINATED LAMB +3
- HOUSE SALAD 11**
Artichokes, Olives, Mushrooms, Tomato, Pecorino, Balsamic
- PIMENTO CHEESE 9.5**
Raw Veggies & Crostini
- BUFFALO CAULIFLOWER 13.5**
Blue Cheese Yogurt Dipping Sauce
- SWEET CHILI LACQUERED BABY BACK RIBS 14.5**
- SHAVED BRUSSELS SPROUT SALAD 12.5**
Apples, Aged Cheddar, Spiced Peanuts, Cider Vinaigrette

Sides

- HOUSE MADE MAPLE SAUSAGE 6**
FRITES 7

Flower Children

- KIDDIE SCRAMBLED EGGS & FRITES 8.5
KIDDIE GRILLED CHEESE & FRITES 8.5
KIDDIE CHOCOLATE CHIP PANCAKES 9.5
CHICKEN DINOS & FRITES 9

Big Plates & Sandwiches

WE USE ORGANIC, CAGE-FREE EGGS!

- LAMB MOUSSAKA 17**
Baked Eggs, Eggplant, Cannellini Beans, Kale, Saffron Aioli
- FRENCH TOAST BREAD PUDDING 14.5**
Winter Berry Compote
- APPLE & POTATO LATKE PLATE 16**
Smoked Artic Char, Amba Spice, Cucumber, Beets
- QUICHE WITH HOUSE SALAD 15**
Bacon, Leek, Potato, Cheddar
- SCRAMBLED EGGS WITH FRITES 14.5**
Kale, Roasted Red Peppers, Feta
- DUCK CONFIT SWEET POTATO HASH 15.5**
Sunny Side Up Duck Egg, Tangerine Pumpkin Seed Pesto
- SKIRT STEAK AND EGG* 19**
Grits, Grilled Broccolini, Preserved Lemon, Green Peppercorn Jus
- PRIME NATURAL BEEF HAMBURGER* 16**
Port Wine Aioli, Crispy Fried Onions, Frites
Add Cheddar, Gorgonzola, Bacon \$.5/ea
- TURKEY BURGER 14**
Avocado, Carolina BBQ Sauce, Slaw, Pickle
- SHORT RIB GRILLED CHEESE 16**
with Salad

EGGS BENEDICT

- BRAISED SHORT RIB 16
SPINACH 14.5 SMOKED SALMON 15

OPEN WEEKDAY LUNCH
11AM TO 4:30PM